

Segunda e Quarta

6:40 - 7:30

7:30 - 8:20

8:20 - 9:10

9:30 - 10:20

10:20-11:10

11:10 - 12:00

12:00 - 12:50

15:30-16:20

16:20-17:10

17:10-18:00

18:00-18:50

18:50-19:40

19:40-20:30

Horários Piscina

Terça e Quinta

6:40 - 7:30

7:30 - 8:20

8:20 - 9:10

9:30 - 10:20

10:20-11:10

11:10 - 12:00

12:00 - 12:50

15:30-16:20

16:20-17:10

17:10-18:00

18:00-18:50

18:50-19:40

19:40-20:30

Horários Hidroginástica

Segunda e Quarta

7:30 – 8:20

18:00 – 18:50

Terça e Quinta

8:00 – 8:50

17:10 – 18:00